Identify new and important directions in return to play and preventive care
Describe best practices providing care for shoulder dislocations, scapular dyskinesia,
Discuss differing approaches to treatment and management for joint pain, sprains,
THURSDAY, DECEMBER 12, 2019

7:15 AM  REGISTRATION / CONTINENTAL BREAKFAST / VISIT VENDOR EXHIBITS

7:50  WELCOME / OPENING REMAINS / OVERVIEW OF COURSE  Britt Marcussen, MD  Business Manager, University of Iowa Continuing Medical Education Division

SESSION 1: 10 YD: MALE COLLEGE FOOTBALL PLAYER TRAUMATIC SHOULDOR DISLOCATION – WRIE Left Shoulder?

MODERATOR: Ely Dutch, MD

8:00 – 10:00: BRK / VISIT VENDOR EXHIBITS

WHY DID THIS HAPPEN TO ME? Britt Marcussen, MD

HOW ARE WE GOING TO TREAT THIS? Mattie Bexley, MD

DO WE HAVE THIS PROBLEM FOR LIFE? Britt Marcussen, MD

WILL SURGERY SHOULD I HAEKT? Brian Wolf, MD, MS

WHAT BEHIND SHOULD I DO AFTER THE SURGERY? Bryaus Gantz, PT, SCJ

WILL THE RETURN PROGRAM DIFFERENT? Bryaus Gantz, PT, SCJ

I’VE ALWAYS HAD LOOSE JOINTS. WILL THIS HAPPEN ON THE OPPOSITE?

WHY IS MY REHAB PROGRAM DIFFERENT?

WHAT REHAB SHOULD I DO AFTER THE SURGERY?

WILL I HAVE THIS PROBLEM FOR LIFE?

SESSION 2: 10 YD: MALE WITH ABOMINAL INJURY PLAYING TACKLE FOOTBALL MODERATOR: Britt Marcussen, MD

10:15 AM – 10:45  LUNCH / VISIT VENDOR EXHIBITS

OUR SCHOOL’S SAD STORY Britt Marcussen, MD

THE SIDELINE EXAMINATION IN THIS SCENARIO Britt Marcussen, MD

DOES REMEDY IMPROVE THE EXAMINATION OF ABDOMINAL INJURY? The Phoenix

WHEN SHOULD HE GO BACK TO PLAY? Britt Marcussen, MD

DO YOU TREAT HER LIKE A CHILD OR LIKE AN ADULT?

WHAT SHOULD SHE “FOCUS” ON IN REHAB? Hint: IT’S NOT HER KNEE.

WHICH GRAFT IS BEST?

DO YOU THINK THIS IS THE ANKLE?

DOES THE BRAIN HAVE AN ACL PROBLEM?

WHICH GRAFT IS BEST?

WHAT SHOUL’d SHE “FOCUS” ON IN REHAB?

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**UNIVERSITY OF IOWA SPORTS MEDICINE SYMPOSIUM**

**Program Agenda**

**Thursday, December 12, 2019**

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<td>Session 1: YO. MALE COLLEGE FOOTBALL PLAYER TACTICAL SHOULDER DISLOCATION - FAQ</td>
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<tr>
<td>12:45</td>
<td>How to Make Sports Safer? Cymothea LaRuffa, MD</td>
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<td>1:30</td>
<td>Task Force is Best: John W. Blazina, MD</td>
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<td>Does the Brain Have an ACL Problem? Druin Grosen, PA, ATC, CSC</td>
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<td>Basketball is Her Primary Sport: What Are the Chances This Will Happen Against? Paul Purley, PT, OCS, ATC</td>
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<td>What Should She “Focus” on in Rehab? It’s Not Her Knee. Cymothea LaRuffa, PA, ATC, CSC</td>
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<td>Hi, It’s Me! I’ve Always Had Loose Joints. Will This Happen on the Opposite Side? Cymothea LaRuffa, PA, ATC</td>
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<td>Why Is My Rehab Program Different? Paul Purley, PT, OCS, ATC</td>
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<td>Which Surgery Should I Have? Brian Wolf, MD, MS</td>
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<td>What’s More Effective? Punt Count/Limits versus an Injury Prevention Program? Cymothea LaRuffa, MD</td>
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<td>What I Think About for Medial Elbow Pain in a Young Pitcher. Paul Purley, PT, OCS, ATC, CSC</td>
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<td>My Child is Back on the Field. My ACL is Better than Your MRI. Paul Purley, PT, OCS, ATC, CSC</td>
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<td>12:15</td>
<td>Fix It or Replace It? Kyle Grosen, PT, OCS, ATC</td>
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<td>One Step Forward by Taking Two Steps Back. Kyle Grosen, PT, OCS, ATC</td>
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<td>Doesn’t It Seem a Little Odd? Lindsey Madison, PT, OCS, ATC</td>
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<td>Why Don’t You Hate the Hip? Robert Westermann, MD</td>
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**Method of Payment:**
- Registration is required at time of registration. We will not consider registering until payment is received.
- Download my check made payable to: The University of Iowa for the total amount of $________

**Two Ways to Register**
- Online: medicine.iowasportsmedicine.org and click on Upcoming Programs
- Mail (Checks Only): University of Iowa Carver College of Medicine Continuing Medical Education
  200 Hawkins Drive, Suite 230
  Iowa City, Iowa 52242-1151

This institution is an equal opportunity/affirmative action employer and encourages a diverse University of Iowa community. If you require assistance understanding or navigating the registration process, please contact the Continuing Medical Education Office at 319-353-1767.
Identify new and important directions in return to play and preventive care

Discuss differing approaches to treatment and management for joint pain, sprains, and fractures.

Develop approaches to sports medicine practice that will add to successful outcomes for the competitive and non-competitive athlete. We will present comprehensive approaches designed to improve performance and minimize the risk of injury.

Describe best practices providing care for shoulder dislocations, scapular dyskinesia, and functional movement impairments.

Objectives
Upon completion of this program, the learner should be able to:

- Identify new and important directions in return to play and preventive care decisions for sports participants.
- Describe best practices providing care for shoulder dislocations, scapular dyskinesia, and functional movement impairments.
- Discuss differing approaches to treatment and management for joint pain, sprains, and fractures.

Symposium Faculty

Robert Westermann, MD
Gail Wadley, ATC
Michael Shaffer, PT, MS, ATC, OCS
Paul Pursley, PT, OCS, CSCS
Kammy Powell, MS, ATC
Cesar de Cesar Netto, MD, PhD
Britt Marcussen, MD
Mederic Hall, MD
Danny Foster, PhD, AT*
Kyle Duchman, MD
Matt Doyle, MS, LAT, ATC*
Matthew Bollier, MD

Guest Speakers

University of Iowa Faculty and Staff
John Allbright, MD
Matthew Bolling, MD
Marc Doris, MD, LAT, ATC
Kyle Dukeman, MD
John Irons, MD
Danny Ronan, MD, Ph.D., AT
Jeff Fleming, DPT, OCS, ATC, CSCS
Mederic Hall, MD
Kristina Krueger, Symposium Coordinator*
Brett Mccausen, MD
Cesar de Cesar Netto, MD, PhD
Bryce Gaunt, PT, SCS

Coralville Marriott Hotel and Conference Center
300 East Ninth Street, Coralville, IA
Phone: 319-751-4000
Web: hotel.coralvilleti.com

Registration Fees

November 27, 2019

Entry Fee: $425

*Includes registration fee, 1 AMA PRA Category 1 Credit*, 1 MAAA Category 1 Credit, 5 CEU Hours, and printed program

Symposium Website:
medicine.uiowa.edu/sportsmedicine

Purpose
The program is designed to present health care professionals with current knowledge about diagnosis, management, and prevention of a variety of injuries commonly incurred in sports participation and to emphasize uniquely influential factors that must be addressed in the provision of the highest quality of care to the competitive athlete. We will present specific performance improvement measures for the diagnosis and treatment of detectable problems that exist in young athletes. In addition to lecturers, interactive discussions will be offered to enhance the participants’ understanding of the topics presented.

Objectives
- Identify new and important directions in return to play and preventive care decisions for sports participants.
- Describe best practices providing care for shoulder dislocations, scapular dyskinesia, and functional movement impairments.
- Discuss differing approaches to treatment and management for joint pain, sprains, and fractures.
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7:50 WELCOME / OPENING REMARKS / OVERVIEW OF COURSE

Brian Wol, MD, MS

SESSION 1: 10 YO. MALE COLLEGE FOOTBALL PLAYER TRAUMATIC SHOULDER DISLOCATION – INITIAL SITUATION

Lisa Woodroffe, MD; Matt Doyle, MS, LAT, ATC

8:00 – 10:00

7:15 AM WELCOME / OPENING REMARKS / OVERVIEW OF COURSE

Brian Wol, MD, MS

8:00 – 10:00

SESSION 1: 20 YO. MALE COLLEGE FOOTBALL PLAYER WITH TRAUMATIC SHOULDER.

Brian Wolf, MD, MS; Brett Owens, MD; Mederic Hall, MD; Jeff Fleming, MD; Kyle Duchman, MD

_WHO'S THE DOCTOR? IS IT ME_?

_CAN YOU COPY THIS_X_?

DO YOU TREAT HER LIKE A CHILD OR LIKE AN ADULT?

_CAN SHE PLAY_?

WHAT IS A “HIGH” ANKLE SPRAIN?

DO YOU TREAT HER LIKE A CHILD OR LIKE AN ADULT?

WHEN SHOULD SHE BE BACK TO PLAY?

CAN YOU COPY THIS?

10:00 – 10:15 BREAK / VISIT VENDOR EXHIBITS

10:15 – 10:30 BONUS SESSION: GENDER, SEX AND SPORTS

Brian Wol, MD, MS; Brett Owens, MD; Matthew Bollier, MD; Dustin Grooms, PhD, ATC, CSCS; Cynthia LaBella, MD; Mike Shaffer, PT, MS, ATC, OCS; Bryce Gaunt, PT, SCS

10:30 – 12:30 PM SESSION 5: 14 YO. MALE BASEBALL PITCHER WITH MEDIAL ELBOW PAIN

Lisa Woodroffe, MD; John Albright, MD

12:30 – 12:45 LUNCH / VISIT VENDOR EXHIBITS

12:45 – 1:15 SESSION 5: 14 YO. MALE BASEBALL PITCHER WITH MEDIAL ELBOW PAIN

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